

## Paediatric First Aid Course

### Course Background:

This course is designed for parents, care givers, school teachers, crèche, and montessori staff. It will provide participants with a full understanding of paediatric first aid for children aged up to 13 years old.

### Course Content:

- Patient assessment (paediatric triangle)
- Cardio Pulmonary Resuscitation(CPR)
- Chocking (foreign body airway obstruction)
- Fractures, burns, bleeding, poisoning
- Head injuries
- Medical emergencies

### Learning Outcomes:

This course will provide participants with the skills and knowledge needed to tend to a child or infant with medical emergencies.

### This Course is Designed For:

Parents, care givers, school teachers, crèche, and montessori staff

### Training methodology:

This course is classroom based and it is highly interactive with role-playing playing and practical exercises to reinforce the participants understanding and learning. Each learner can give their own cases of emergencies they have had to deal with. There will also be a case scenario presented to each student at the end of the course to ascertain if the learner has received the skills required.

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## **What to Bring to This Course:**

While pens and paper will be supplied, participants are free to bring their own.

## **Duration of the Course:**

1 Day

## **Certification:**

On completion of this course, participants will receive a certificate in paediatric first aid.