

Patient Handling

Course Background:

This course is designed to instruct employees in the theory and practice of safe patient handling. To comply with Part 4 Chapter 2 of the “General Application Regulation Regulations 2007, Manual Handling of Loads”, which states that staff engaged in manual handling must be given appropriate training. Safe patient handling techniques can reduce the risk of injury to both the employee and the patient.

Course Content:

- Dangers of careless and unskilled methods
- Legislation
- Principles of levers and laws of motion
- Anatomy of the spine and muscular system
- Potential harm through incorrect patient handling techniques
- Importance of physical fitness
- Personal protective equipment
- Patient handling aids and techniques
- Normal patient movement

Learning Outcomes:

Upon successful completion of this course participants will gain the skills and knowledge necessary to:

- Recognise a load which is too heavy or awkward
- Understand the limitations of the spine and muscular system
- Conduct a patient handling risk assessment
- Lift and handle patients safely

This Course is Designed For:

Personnel who will be involved in the safe lifting of others

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Training Methodology:

This course is classroom based; it is highly interactive with role-playing and practical exercises to reinforce understanding and learning.

What to Bring to the Course:

While pens and paper will be supplied, participants are free to bring their own. Participants should wear comfortable clothing for practical activities.

Duration of the Course:

1 day

Participants:

A maximum of 10 per course

Certification:

Upon successful completion of this course participant will receive a certificate of attendance.