

Cardiac First Response Instructor

Course Background:

This course will provide learners with the knowledge, skills and attitude to train others to be PHECC registered cardiac first responders. It also forms a core part of the occupational first aid instructor's course.

Course Content:

- Administration of aspirin
- Stroke assessment (FAST Assessment)
- Recovery position
- Choking
- Critical incident stress awareness
- Cardiac First Responder Report (CFRR) and legal indemnity issues

Learning Outcomes:

- Explain the role of PHECC
- Explain the chain of survival demonstrate adult and child CPR
- Demonstrate the correct use of an AED
- Demonstrate adult and child foreign body airway obstruction
- Explain critical incident stress management
- Demonstrate the correct administration of oxygen using a BVM
- Explain the steps required in dealing with a stroke and heart attack
- Demonstrate the recovery position

This Course is Designed For:

All employees wishing to become cardiac first responders. This course is also a prerequisite when qualifying to teach occupational first aid.

Unit 630G, Northern Extension, IDA Industrial Park, Waterford, Ireland.

info@samsontaining.ie

www.samsontaining.ie

+353 (0) 51 376938

Training Methodology:

This course is classroom based; it is highly interactive with role-playing and practical exercises to reinforce understanding and learning.

What to Bring to the Course:

While pens and paper will be supplied, participants are free to bring their own. Participants should wear comfortable clothing for practical activities.

Duration of the Course:

2 days

Participants:

A maximum of 10 per course

Certification:

On completion this course, participants will be certified as PHECC registered cardiac first responder instructors.