

Occupational First Aid FETAC Level 5

Course Background:

This course is essential as deemed by risk assessment, there must be adequate numbers of trained occupational first aiders on a work premises. This is stated under the 2005 Safety Health and Welfare Act and updated in the May 2008 First Aid Guidelines.

Course Content:

- Assessment, accident scene management
- Traumatic stress
- Circulation, wounds and bleeding
- Respiration
- CPR and AED training
- Unconsciousness
- Fractures, sprains, strains and dislocations
- Burns and scalds, chemical / poisons, electric shock
- Medical emergencies, crush and spinal injuries

Learning Outcomes:

On completion of this course participants will have the knowledge and skill to:

- Ensure employees are aware of first aid facilities and arrangements
- Provide the recognised occupational first aid systems in the workplace
- Implement essential life-saving skills

This Course is Designed For:

Personnel who wish to be trained and certified as an occupational first aider and deliver first aid care according to correct protocol. Successful participants are certified as occupational first aiders in accordance with current health and safety legislation.

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Training Methodology:

This course is classroom based, it is highly interactive with role-playing and practical exercises to reinforce understanding and learning.

What to Bring to This Course:

Participants should wear comfortable clothing for practical activities.

Duration of the Course:

This is a three day course. It can be completed on consecutive days or on separate days on the same week or different weeks.

Participants:

Up to 10 participants per course

Certification:

On completion of course, participants receive a FETAC Level 5 Occupational First Aid Certificate. Certificates are only valid for two years after which, refresher training has to be completed.